# Summer Study Program Traditional Mediterranean Farming Cinque Terre & Levanto, Italy

This program gives you the chance to spend an unforgettable summer study program learning about traditional Mediterranean crops, farming, techniques, and history, all while working on spectacular terraced fields perched above the blue Mediterranean in one of the most beautiful places on Earth: the Cinque Terre.

The program is designed for students of agriculture and other students who are interested in traditional cultures, and it is organized around four crucial elements of traditional Mediterranean farming: dry stone walls, grapes, olives, and citrus.

But because you are in Italy, you will also have the opportunity to dive into other, more contemporary aspects of Italian life. You will live in shared, fully-furnished apartments in the very lively town of Levanto, built up around a natural harbor and just 4 minutes by train from the first town of the Cinque Terre. You will partake in 8 hours of Survival Italian lessons which will make you more comfortable and savvy during your summer studies. And the program also offers three tours during your stay: a hiking tour of the Cinque Terre just after your arrival, a marine excursion through the protected waters along the coast in a large traditional Ligurian wooden boat, and a day in the extraordinarily beautiful and historically-important city of Genoa.

This course offers 3 university credits.

### **SCHEDULE**

### Week 1:

Wednesday: Arrival, Check In, and Settling In

<u>Thursday a.m.</u>: Program Orientation and *Survival Italian* lesson Thursday p.m.: Guided Tour of Levanto and Group Dinner

<u>Friday a.m.</u>: Survival Italian

Friday p.m.: Hiking Tour in the Cinque Terre

## Week 2:

Monday: Unit 1 - Dry Stone Walls, Theory and Practice

<u>Tuesday</u>: **Unit 1** - Dry Stone Walls, Theory and Practice

<u>Wednesday</u>: Survival Italian and Marine Excursion

<u>Thursday</u>: **Unit 2** - Olive Groves, Theory and Practice

<u>Friday</u>: **Unit 2** - Olive Groves, Theory and Practice

# Week 3:

Monday: Unit 3 - Vineyards, Theory and Practice

<u>Tuesday</u>: **Unit 3** - Vineyards, Theory and Practice

<u>Wednesday</u>: Survival Italian and **Tour of Genoa** 

<u>Thursday</u>: **Unit 4** - Lemon Farming, Theory and Practice

<u>Friday a.m.</u>: **Unit 4** - Lemon Farming, Theory and Practice

<u>Friday p.m.</u>: Visit to Olive Press and Wine Cellar and Farewell Dinner

<u>Saturday</u>: Check out